

proskola

*School Wide Positive Behavior Supports and Interventions - in Swedish,
in Finland*

Henrik Husberg, head of project, Niilo Mäki Institute



UNIVERSITY OF
EASTERN FINLAND



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ProSkola - School Wide Positive Behavior Interventions and Supports (SWPBIS)

- Developed based on SWPBIS under the name ProKoulu
 - Core elements:
 - Common behavioral expectations
 - Teaching expected behaviors
 - Positive reinforcement
- SWPBIS has strong documented evidence for improving behavior and academic results (eg. Lee & Gage, 2020)
- Similar results have been found in Finland (Savolainen et al., 2017)
- The model and implementation of it were evaluated as fitting the Finnish context well (Karjalainen et al., 2023)
- Implementation of ProSkola is offered via the Niilo Mäki Institute

ProSkola – Goals and methods

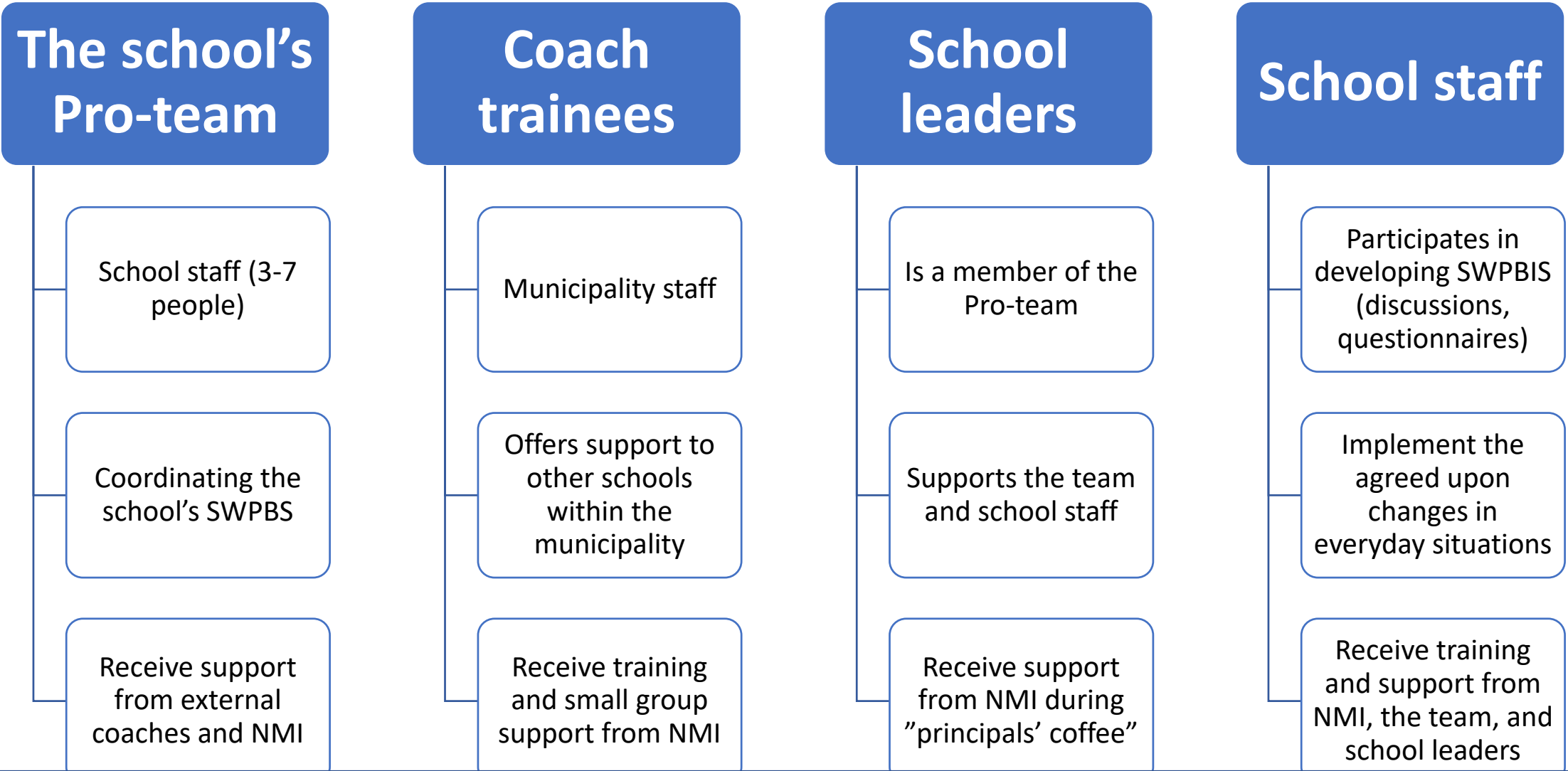
- **Goal:**
 - Behavioral competence
 - Systematic, consistent, and coherent teaching and guidance of behavior
- **Method:**
 - Use of evidence-based behavioral support strategies
 - Implementation of punctual and continuous behavioral support
- **Requires:**
 - School leadership to encourage, support, and allocate resources for the development and maintenance of the organizational culture
 - A team to coordinate and implement the school's development process
 - Staff commitment to educational tasks and teaching behavior
 - External guidance



ProSkola progresses in the following stages:

1. We have a collective commitment to coach student behaviors
2. School's educational goals are formulated as behavior expectations
3. We describe behavior expectations as instructions on concrete expected behaviors
4. We teach expected behaviors
5. We encourage behaviors with positive feedback
6. We develop pedagogical practices for classroom behavior management
7. We respond to misbehavior with collectively agreed way
8. We build a continuum of increased support based on universal support
9. We maintain and develop our activities based on ongoing monitoring
10. Evidence based collective working culture of supporting behaviors in school

Participants in the development and implementation of ProSkola:



Data-based decision making and fidelity – ProSkola-questionnaire and Tiered Fidelity Inventory 1-2 times / year

ProSkola – More information

<https://www.prokoulu.fi/en>

<https://en.nmi.fi>

henrik.husberg@nmi.fi

References

Karjalainen, P., Backman, H. & Heikkilä, L. (2023). *ProKoulu-toimintamalli (Schoolwide Positive Behavioral Interventions and Supports) - Toimintamalli ala- ja yläkouluikäisten lasten ja nuorten käytösongelmien vähentämiseksi ja positiivisen käyttäytymisen vahvistamiseksi koulussa (1. arvio)*

Lee, A. & Gage, N. A. (2020). Updating and expanding systematic reviews and meta-analyses on the effects of school-wide positive behavior interventions and supports. *Psychology in the Schools, 57*(5), 783–804.

Savolainen, H., Närhi, V., & Savolainen, P. (2017) Finnish SWPBIS – First results after three years of implementation. Presentation in *The 14th International Conference on Positive Behavior Support*, Denver, Colorado, March 1-4, 2017.